

# 2022 FSA eligible medical services, treatments and OTC expenses



For a complete list of eligible expenses, visit [irs.gov](https://www.irs.gov) or contact UnitedHealthcare at 1-844-587-8503

Acne treatments	Copays	Ointments for cuts, burns or rashes
Acupuncture	Crutches	Ostomy products
Aids for indigestion	Deductibles	Pain relievers
Allergy and sinus medicine	Dental treatments	Physical therapy
Ambulance costs	Diabetes test strips	Pregnancy tests
Antacids and digestive aids	Drug addiction treatment	Psychiatric care
Antibiotic ointments	Eyeglasses & vision exams	Reading glasses
Antidiarrheal medicine	Feminine antifungal or anti-itch products	Sleep aids
Antifungal and anti-itch	Fertility treatment	Stop-smoking programs (including gum & patches)
Artificial limbs	First aid supplies	Sunscreen (SPF 15 and higher)
Artificial teeth	Hearing aids & batteries	Surgery, excluding cosmetic surgery
Baby rash ointment	Hemorrhoid treatment	Vasectomy
Bandages, adhesive or elastic	Insulin	Vision care
Blood sugar test kits	Laboratory tests & fees	Walkers, wheelchairs & canes
Braces and supports	Laser eye surgery	
Breast pumps and supplies	Laxatives	
Catheters	Lice treatments	
Chiropractor	Medical monitoring and testing	
Cold and flu medicines	Menstrual care (tampons, pads, etc.)	
Contact lenses	Motion sickness medicines	
Contact lens solution & supplies	Nasal sprays or drops	

## Examples of ineligible expenses

- Aromatherapy
- Baby bottles & wipes
- Cotton swabs
- Dental floss
- Deodorants
- Hair regrowth
- Insurance premiums
- Moisturizer with SPF protection
- Mouthwash
- Petroleum jelly
- Shampoo and conditioner
- Skin care
- Spa salts
- Sun tanning products

# Use this worksheet to calculate your 2022 expenses



Figuring out your expenses for the coming year can help you accurately calculate the amount to contribute from each paycheck to the BEK Dependent Care FSA and/or the BEK Healthcare FSA.

## Dependent Care FSA – contribute up to \$5,000 in 2022

<b>Enter your anticipated 2022 expenses</b>	
Eligible weekly dependent care costs	\$
Number of weeks of dependent care you will have in 2022	
Total cost of dependent care for 2022	\$
Maximum allowable annual FSA contribution	\$
<b>Amount you choose to contribute to your 2022 Dependent Care FSA</b> – amount will be divided by the number of pay periods (weekly, semi-monthly or monthly)	\$

## Healthcare FSA – contribute up to \$2,750 in 2022

- Enroll in the **BEK HSA Medical Plan** and use money in your Healthcare FSA to pay for expenses highlighted in green
- Enroll in the **BEK PPO Medical Plan** and pay for any of the expenses listed below using your Healthcare FSA

Enter your anticipated 2022 expenses	For you	Your spouse	Your children
Dental deductibles	\$	\$	\$
Dental costs	\$	\$	\$
Orthodontia	\$	\$	\$
Eye exams and LASIK surgery	\$	\$	\$
Prescription glasses, reading glasses, contacts	\$	\$	\$
Vision drops, solutions and supplies	\$	\$	\$
Medical deductible	\$	\$	\$
Medical copays	\$	\$	\$
Prescription drugs	\$	\$	\$
OTC (over-the counter) products	\$	\$	\$
Medical supplies	\$	\$	\$
Chiropractic care and acupuncture	\$	\$	\$
Total by family member	\$	\$	\$
Total anticipated expenses	\$		
Maximum allowable annual FSA contribution	\$ 2,750		
<b>Amount you choose to contribute to your 2022 Healthcare FSA</b> – amount will be divided by the number of pay periods (weekly, semi-monthly or monthly)	\$		