

2023 FSA eligible medical services, treatments and OTC expenses



For a complete list of eligible expenses, visit [irs.gov](https://www.irs.gov) or contact UnitedHealthcare at 844-587-8503

Acne treatments	Copays	Ointments for cuts, burns or rashes
Acupuncture	Crutches	Ostomy products
Aids for indigestion	Deductibles	Pain relievers
Allergy and sinus medicine	Dental treatments	Physical therapy
Ambulance costs	Diabetes test strips	Pregnancy tests
Antacids and digestive aids	Drug addiction treatment	Psychiatric care
Antibiotic ointments	Eyeglasses & vision exams	Reading glasses
Antidiarrheal medicine	Feminine antifungal or anti-itch products	Sleep aids
Antifungal and anti-itch	Fertility treatment	Stop-smoking programs (including gum & patches)
Artificial limbs	First aid supplies	Sunscreen (SPF 15 and higher)
Artificial teeth	Hearing aids & batteries	Surgery, excluding cosmetic surgery
Baby rash ointment	Insulin	Vasectomy
Bandages, adhesive or elastic	Hemorrhoid treatment	Vision care
Blood sugar test kits	Laboratory tests & fees	Vitamins*
Braces and supports	Laser eye surgery	Walkers, wheelchairs & canes
Breast pumps and supplies	Laxatives	Weight loss drugs and programs*
Catheters	Lice treatments	
Chiropractor	Medical monitoring and testing	
Cold and flu medicines	Menstrual care (tampons, pads, etc.)	
Contact lenses	Motion sickness medicines	
Contact lens solution & supplies	Nasal sprays or drops	

Examples of ineligible expenses

- Aromatherapy
- Baby bottles & wipes
- Cotton swabs
- Dental floss
- Deodorants
- Hair regrowth
- Insurance premiums
- Moisturizer with SPF protection
- Mouthwash
- Petroleum jelly
- Shampoo and conditioner
- Skin care
- Spa salts
- Sun tanning products