



# Who gets an ID card and when

## Medical\*

### Enrolled in 2023 coverage?

You'll receive a medical ID card in the mail from UnitedHealthcare by January 1<sup>st</sup>, 2023.

### New employee who just enrolled?

You'll receive a medical ID card in the mail about two weeks after you enroll.

### Need a card now?

Go to [myuhc.com](https://myuhc.com) or download the UHC app to print or request a replacement card.

\*If enrolled in the BCBS Medical Plan, go to [alabamablue.com](https://alabamablue.com) to print an ID card.



Apple | Android

## Dental

### Enrolled in 2023 coverage?

You'll receive a dental ID card in the mail from Cigna by January 1<sup>st</sup>, 2023.

### New employee who just enrolled?

You'll receive a dental ID card in the mail about two weeks after you enroll.

### Need a card now?

Go to [mycigna.com](https://mycigna.com) or download the Cigna app to print a card.



Apple | Android

## Vision

### Enrolling in 2023 coverage?

You will receive a vision ID card in the mail by January 1<sup>st</sup>, 2023.

### Don't have your ID card handy?

No problem. Visit your network eye care provider any time and let them know you are covered by MetLife.

### Need a card now?

Register or login at [my.metlife.com](https://my.metlife.com) and print a replacement card.



Apple | Android

## You never need an ID card to access

### [guidanceresources.com](https://guidanceresources.com)

Our no-cost, 24/7 confidential solutions to life's challenges. Use Organization Web ID **BEK**.

### [quitlogix.org](https://quitlogix.org)

Ben E. Keith's tobacco cessation program.

### [mylincolnportal.com](https://mylincolnportal.com)

Lincoln Financial Group's site using Company code **BEKCO** or call 1-888-408-7300.